

4x100m Relay		
Name	Time	Date
1 M. Florio, O. Florio, Pook, Ordonez	47.90	3-Jun-16
2 M. Florio, O. Florio, Arami, Valente	48.38	10-Jun-17
3 M. Florio, O. Florio, Pook, Ordonez	48.43	30-May-15
4 Nam, Kerner, Florio, Ordonez	48.67	4-Jun-14
5 Shamash, B.Bennett, Birch, K. Bennett	49.34	10-Jun-23
6 Feeley, B.Bennett, Slayne, Birch	49.70	4-Jun-22
7 Feeley, Burgoyne, Krawczyk, Smiechowski	49.94	31-May-19
8 Feeley, B. Bennett, Shanaz, Slayne	50.45	11-Jun-21
9 Travers, Burgoyne, Healy, Krawczyk	50.55	3-Jun-18
10 Baker, Pook, Somple, Ordonez	51.45	2-Jun-13

4x200m Relay		
Name	Time	Date
1 O Florio, M Florio, Arami, Ordonez	1:43.70	22-Apr-16
2 Pook, Arami, Ordonez, Florio	1:44.10	3-Jun-15
3 M. Florio, O Florio, J. Healy, Arami	1:45.20	19-Apr-17
4 Feeley, B. Bennett, Slayne, M. Bennett	1:46.50	8-May-21
5 Feeley, Slayne, B. Bennett, Birch	1:46.52	19-Apr-22
6 Pook, Arami, Ordonez, Baker	1:46.80	11-Apr-14
7 Feeley, Burgoyne, Healy, Krawczyk	1:48.00	11-Apr-19
8 Pook, Somple, Ordonez, Sullivan	1:50.5	20-Apr-13
9 Wade, Nylund, J Marshall, Pierce	1:50.5	16-Apr-04
10 J Marshall, Wade, Kopfensteiner, Faust	1:51.0	15-Apr-05

4x400m Relay		
Name	Time	Date
1 Pook, McElwain, Holleran, Sullivan	3:51.44	29-May-13
2 Smiechowski, E. Healy, Arami, Krawczyk	3:51.99	10-Jun-17
3 Kerner, Busacca, McElwain, Pook	3:53.76	4-Jun-14
4 Pook, McElwain, Arami, Waterhouse	3:54.12	30-May-15
5 E. Healy, Arami, McElwain, Pook	3:54.15	3-Jun-16
6 Feeley, Krawczyk, Burgoyne, Smiechowski	3:55.37	31-May-19
7 E.Healy, Krawczyk, Burgoyne, Smiechowski	3:55.81	9-Jun-18
8 Pook, McElwain, Busacca, Holleran	3:57.72	17-May-13
9 Birch, Bryan-Jones, Pataki, M. Bennett	3:58.03	20-May-22
10 Kopfensteiner, Faust, K Nestor, Pierce	3:59.26	30-May-06

4x800m Relay		
Name	Time	Date
1 Holleran, Sullivan, Richard, North	9:12.76	26-Apr-12
2 K. North, J. Hinchon, Richard, Pagano	9:20.94	4-Jun-14
3 Holleran, Licata, Richard, North	9:27.39	9-Jun-11

4	K. North, A. North, Richard, Holleran	9:27.41		1-Jun-13
5	K. North, Hinchén, Hinchén, Pagano	9:27.54		3-Jun-15
6	Arami, Krawczyk, Spence, Wilderotter	9:43.50		2-Jun-17
7	Hinchén, Hinchén, McElwain, Wilderotter	9:46.76		27-May-16
8	Wilderotter, Costello, Spence, Carter	9:46.86		26-May-18
9	Maclaren, Reilly, Courtney, Ritter	9:50.98		10-Jun-22
10	MacLaren, Ritter, Dello Russo, Courtney	9:53.39		15-Jun-23
4x1600m Relay				
	Name	Time		Date
1	A North, Richard, K North, Mahler	21:44.4		21-Apr-12
2	I Hebner, M. Hebner, Liljegren, Wilderotter	21:50.70		19-Apr-17
3	Hinchén, Wilderotter, North, M Hebner	21:51.7		18-Apr-15
4	J.Hinchén, Richard, G. Hinchén, K. North	22:08.0		11-Apr-14
5	Hinchén, Richard, Zilenziger, A North	22:13.5		15-Apr-11
6	J.Hinchén,G,Hinchén,M.Hebner,Wilderotter	22:18.0		22-Apr-16
7	A. North K. North V Mahler A Richard	22:19.7		20-Apr-13
8	Reilly, MacLaren, Schildiner, Powell	22:29.20		8-May-21
9	Zdenkova, Black, Halvorsen, Morris	22:30.0		12-Apr-92
10	Hebner, Hebner, Wilderotter, Liljgeren	22:30.80		21-Apr-18
Sprint Medley Relay (400-200-200-800)				
	Name	Time		Date
1	Pook, Ordonez, Kerner, Pagano	4:04.19		19-May-14
2	Sullivan, Jamshi-Azad, O'Keefe, Holleran	4:08.7		22-Apr-12
3	Arami, O. Florio, M. Florio, Krawczyk	4:12.70		19-Apr-17
4	Arami, Ordonez, Florio, McElwain	4:15.60		18-Apr-15
5	Smiechowski, Healy, Feeley, Krawczyk	4:16.00		11-Apr-19
6	Smiechowski, Burgoyne, Travers, Krawczyk	4:18.30		21-Apr-18
7	Pataki, Feeley, Slayne, M. Bennett	4:18.51		19-Apr-22
8	Pook, O.Florio, Ordonez, McElwain	4:19.00		22-Apr-16
9	Tregelles, Picache, Kopfensteiner, K Nestor	4:20.4		21-Apr-07
10	Sullivan, Pook, Ordonez, Richard	4:21.7		20-Apr-13
Distance Medley Relay (400-800-1200-1600)				
	Name	Time		Date
1	Pook, McElwain, J. Hinchén, Pagano	11:57.9		21-Jun-15
2	Richard, Pook, McElwain, Pagano	12:02.8		24-Apr-14
3	Holleran, Sullivan, Richard, A. North	12:11.2		24-Apr-13
4	Sayre, K North, Richard, A North	12:37.1		22-Apr-12
5	Holleran, Cosgriff, Mahler, A North	12:47.6		20-Apr-13
6	Arami, Hinchén, Wilderotter, Hinchén	12:57.2		22-Apr-16
7	Black, Del Buono, Cornell, Meighan	13:02.1		22-Apr-95
8	Sayre, Richard, North, Hinchén	13:05.1		16-Apr-11

9	Hebner, Costello, Wilderotter, Hebner	13:05.40	21-Apr-18
10	E. Healy, Liljegren, Carter, M. Hebner	13:05.60	17-Apr-17

4x100m Shuttle Hurdle Relay

Name	Time	Date
1 Bennett, Bennett, Bryan-Jones, Buchanan	1:05.47	19-Apr-22
2 Valente, Hughes, Waletzki, Smiechowski	1:06.70	21-Apr-18
2 Chu, Sosinsky, Covello, Valente	1:06.70	19-Apr-17
2 McGovern, Nestor, Poulis, Bascio	1:06.7	17-Apr-10
2 Forhecz, Marshall, Aoe, Jones	1:06.7	3-Apr-04
6 Knight, Valente, McElwain, Chu	1:06.9	22-Apr-16
7 Knight, Hwang, Holleran, Micallef	1:07.60	18-Apr-15
8 Knight, Hwang, Holleran, Micallef	1:08.4	19-May-14
8 J. Marshall, E. Palin, Gollan, Picache	1:08.4	21-Apr-06
10 Hughes, B. Bennett, Bryan-Jones, Kunisch	1:08.6	8-May-21

3x400m Intermediate Hurdle Relay

Name	Time	Date
1 Pataki, Smiechowski, Krawczyk	3:20.6	11-Apr-19
2 M. Bennett, Pataki, Bryan-Jones	3:20.8	8-May-21
3 M. Bennett, Pataki, Bryan-Jones	3:21.33	19-Apr-22
4 Pook, McElwain, Nam	3:21.9	11-Apr-14
5 Pook, McElwain, Kahn	3:23.0	18-Apr-15
6 Holleran, Sullivan, Cosgriff	3:23.4	21-Apr-12
7 Pook, McElwain, Nam	3:23.8	22-Apr-16
8 Holleran, Sullivan, McElwain	3:24.1	20-Apr-13
9 Pierce, Kopfensteiner, Tregelles	3:27.3	21-Apr-06
10 Smiechowski, Krawczyk, Healy	3:28.0	19-Apr-17

3 x High Jump Relay

Name	Height	Date
1 Kunisch, DeLorenzo, Higgins	14-6	8-May-21
2 M Nestor, Reyneke, Patrick	14-2	13-Apr-11
3 Chu, Abousselman, Gilan	14-0	19-Apr-17
4 M Nestor, Poulis, Colangelo	14-0	18-Apr-09
5 Healy, Knight, Chu	13-10	18-Apr-15
6 Reyneke, Delorenzo, Patrick	13-10	20-Apr-13
7 Knight, Chu, Bonifacic	13-8	22-Apr-16
8 M Nestor, Poulis, Patrick	13-8	24-Apr-10
9 Henny, Torre, Sonnenberg	13-8	20-Apr-02
10 Pessolano, Jones, M Marshall	13-8	15-Apr-05

3 x Long Jump Relay

Name	Distance	Date
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1	Healy, Knight, Valente	46-11	22-Apr-16
2	Pierce, Faust, M Marshall	46-7 1/2	22-Apr-06
3	_ 1978	46-3	22-Apr-78
4	Forhecz, Pierce, Nylund	45-10 1/2	3-Apr-04
5	Chu, Valente, DeLaColina	45-10	19-Apr-17
6	Healy, Nam, McDonagh	45-9.75	11-Apr-14
7	Healy, de la Colina, Valente	45-6.5	23-May-16
8	Forhecz, Pierce, Nylund	44-9	11-Apr-03
9	Hughes, Kunisch, DeLorenzo	44-5.25	8-May-21
10	Forhecz, Pierce, J Marshall	44-0 1/2	17-Apr-04

3 x Triple Jump Relay

Name	Distance	Date	
1	Hughes, Waletzki, Santoro	98-10.5	11-Apr-19
2	Healy, Weck, Valente	98-9	22-Apr-16
3	Healy, McDonagh, Micallef	98-5.75	11-Apr-14
4	Faust, Gollan, M Marshall	97-1	21-Apr-06
5	Faust, Jacobs, M Marshall	96-5 1/4	20-Apr-07
6	Healy, Micallef, Weck	95-1 1/2	18-Apr-15
7	Poulis, M Nestor, Sydnor	94-9 1/2	16-Apr-10
8	Reyneke, Hwang, Patrick	94-3 1/2	20-Apr-13
9	Hughes, Kunisch, Higgins	94-5.25	8-May-21
10	Birch, Lee, Zrebiec	94-3 3/4	19-Apr-23

3 x Shot Put Relay

Name	Distance	Date	
1	Madonna, Micallef, Aboussleman	92-9	11-Apr-19
2	Amarante, Cali, Cohan	91-1 3/4	16-Apr-05
3	A Dench, Mayer, Pearce	91-0 3/4	18-Apr-09
4	Madonna, Georgiades, Alarcon	91-0	8-May-21
5	Henny, Kruger, Amarante	90-8 1/2	20-Apr-02
6	Henny, Kruger, Lanni	87-9 1/4	21-Apr-01
7	Mayer, A Dench, Richard	87-8 1/2	19-Apr-08
8	Reich, Bond, Bonifacic	85-9 3/4	22-Apr-16
9	Hamm, Madonna, Fadhel	80-9 3/4	21-Apr-18
10	Bond, Gandara, Frey	79-11	19-Apr-17

3 x Discus Relay

Name	Distance	Date	
1	Madonna, Georgiades, Higgins	266-0	8-May-21
2	Mayer, A Dench, D Dench	262-3	15-Apr-09
3	Mayer, A Dench, Borzilleri	258-6	4-Apr-09
4	Henny, Kruger, Geiger	256-3	20-Apr-02
5	Henny, Torre, Kruger	255-6	21-Apr-01

6 Reich, Pappas, Dec	252-2	18-Apr-15
7 Amarante, Cali, Cohan	250-0	15-Apr-05
8 Micallef, Madonna, Higgins	241-9	11-Apr-19
9 Bond, Henderson, Van Orden	227-6	19-Apr-17
10 Henderson, Madonna, Fadhel	221-11	21-Apr-18
3 x Javelin Relay		
Name	Distance	Date
1 Madonna, Hughes, Oehler	323-9	8-May-21
2 Mayer, McEntee, Pearce	308-6	24-Apr-10
3 Mayer, McEntee, A Dench	306-5	18-Apr-09
4 Madonna, Hughes, Batenhorst	284-1	11-Apr-19
5 vanderHeide, Blas, Sodora	264-7	19-Apr-23
65 Cohan, Josephs, Lynch	250-5	16-Apr-05
7 Mayer, A Dench, Fenenbock	249-5	19-Apr-08
8 Mayer, A Dench, Suglia	249-1	4-Apr-09
9 Bond, Van Orden, Knutzen	248-8	19-Apr-17
10 Waltman, Sodora, O'Callahan	240-4	19-Apr-22
3 x Pole Vault Relay		
Name	Distance	Date
1 Conroy, Kluge, Bechtel	26-6	11-Apr-19
2 Conroy, Bechtel, B. Bennett	23-6	8-May-21
3 Labbate, Blas, Paccione	22-6	19-Apr-23
4 Becker, Insera, Waletzki	22	19-Apr-17
5 Tamulewicz, Maschio, Messinger	21-6	18-Apr-15
6 Labbate, Meloro, Blas	20-6	19-Apr-22
7 Forhecz, Jones, Palin	20-0	17-Apr-04
8 Rinaldi, Freedberg, Aguillon	19-0	20-Apr-13
9 Salinas, Correa, Aguillon	18-0	14-Apr-10
10 Jones, Palin, Kopfensteiner	15-6	15-Apr-05